

Common Signs of Hearing Loss

in adults



Increased TV or radio volume

Needing to turn up the volume on TV or radio, often to the point where it is noticeable to others.



Struggling to follow conversation

And reduced ability to pick out individual sounds, particularly in busy environments such as a restaurant.



Asking people to repeat themselves

Mishearing others in conversation, or often needing to ask people to speak more slowly or clearly.



Sounds seeming muffled

Particularly consonant sounds, which could sound quieter, less defined, or muffled.



Feeling tired and stressed

As a result of struggling to follow conversations, and feeling isolated as a result.

If you experience sudden, unexplained hearing loss, or if hearing loss interferes with daily life, consult a doctor.